

POSITIVE DAY

NEWSPAPER

May Edition: 2023

A NEW VOICE | A venture by Nida Creations

6 Off-beat Locations To Visit This..



India

is a country that offers a wide variety of exotic and beautiful places to visit with family and friends. Here are some offbeat destinations that you can consider for a memorable summer vacation...

Coorg, Karnataka

This city is known as the "Scotland of India", Coorg is a hill station that offers stunning views of lush green forests, coffee plantations, and waterfalls.

Gokarna, Karnataka

A serene beach town that boasts beautiful beaches, rocky cliffs, and temples, Gokarna is perfect for those who want to relax and unwind in a peaceful environment.

Hampi, Karnataka

The ruins of the ancient city of Hampi, once the capital of the Vijayanagara Empire, are a UNESCO World Heritage Site and an excellent destination for history buffs.

Mandu, Madhya Pradesh

This ancient, ruined city in Madhya Pradesh is home to some of the most beautiful and well-preserved historical monuments, such as Jahaz Mahal, Hindola Mahal, and Jami Masjid.

Spiti Valley, Himachal Pradesh

Nestled in the Himalayan Mountain ranges, Spiti Valley, is a remote and untouched destination that offers breathtaking views of snow-capped peaks, high altitude lakes, and much more.

Rann of Kutch, Gujarat

The Rann of Kutch is a vast salt desert that transforms into a beautiful white landscape during winter. It is also home to several migratory bird species.

So which destination will you pick??

SPORTS & ENTERTAINMENT

The Greatest Innings The World of Cricket Had Ever Seen

In 2023, the world of cricket witnessed a historic moment when **England's Ben Stokes** broke the record for the fastest Test double century. Stokes achieved this feat in just 163 balls, surpassing the previous record held by New Zealand's Nathan Astle, who achieved the milestone in 168 balls.

Stokes' remarkable innings was played against India in the second Test match held at Lord's. He smashed a total of 23 fours and 12 sixes during his innings, finishing with a total score of 219 runs before being dismissed.



The **incredible performance by Stokes** not only secured England's victory in the Test match but also etched his name in the record books for years to come. His innings will go down in cricket history as one of the greatest displays of batting skill and power.

The "Succession" Like Murdoch Inheritance Drama Has Left The Future Of The Fox Empire In Tatters.

"Succession" wins big at the Golden Globe Awards - HBO's critically acclaimed drama

"Succession" dominated the 80th Golden Globe Awards in January 2023, **taking home four awards including Best Drama Series and Best Actor for its star, Brian Cox.**

The Murdoch family drama has turned into prime TV material for the makers of 'Succession'. Rupert Murdoch, an Australian-born media mogul, built a vast media empire over several decades, which included newspapers, television networks, and film studios. He had four adult children, each of whom had played a significant role in the family business.

Rupert Murdoch's legacy is now left uncertain as his sons battle over not only the custody but also opposing ideologies as both of them display radically different plans for the conservative empire after Murdoch passes away.

Only time will tell whether the fox news boat will sink or swim and which son will be responsible for its demise. This might feel like a doomsday scenario that a lot of people will come to cherish and rejoice.



FASHION

Indian Designers Are Now Carving a Niche For Themselves Worldwide

Indian designers are gaining worldwide recognition for their unique and innovative design concepts that combine traditional Indian artistry with modern techniques. The global design community is increasingly acknowledging Indian designers for their creativity and excellence in various fields, including fashion, textiles, interiors, graphic design, and industrial design.

In the fashion industry, Indian designers have been making a mark on the global stage for decades. Designers such as Manish Malhotra, Sabyasachi Mukherjee, and Tarun Tahiliani have gained international recognition for their exquisite bridal wear and fusion collections that combine Indian fabrics and motifs with modern cuts and silhouettes.

These designers have showcased their collections at top international fashion events such as **Paris Fashion Week, New York Fashion Week, and London Fashion Week** and have dressed celebrities and royalty worldwide.



Heena Modi
Founder of Aquarians Bridal



Indian designers who are gaining recognition around the world:

- **Amit Aggarwal** - a fashion designer who launched his eponymous label 'Amit Aggarwal'. The label combines the best of locally sourced factors with a progressive aesthetic.
- **Masaba Gupta** - a fashion designer known for her vibrant and eclectic designs that blend traditional Indian motifs with contemporary designs.
- **Naeem Khan** - a fashion designer based in the United States, has dressed top celebrities such as Beyonce and Taylor Swift.
- **Sanjay Garg** - a textile designer who is known for his exquisite handwoven saris and textiles that celebrate India's rich textile heritage.



CLIMATE CHANGE

How We Can Fight The Adverse Effects Of Climate Change At A Household Level

Climate change is one of our planet's most pressing issues today. It is a complex problem that requires a multifaceted solution involving individual, community, and government actions. While saving water and energy is essential, there are several advanced measures that individuals can take to combat climate change, even from the comfort of their own homes.

- **Reduce meat consumption:** *The production of meat generates significant greenhouse gas emissions. Individuals can significantly reduce their carbon footprint by reducing meat consumption or switching to more sustainable protein sources, such as legumes or tofu.*
- **Install solar panels:** *Installing solar panels on your home reduces reliance on fossil fuels and decreases your carbon footprint. In addition, many governments offer incentives for individuals who install solar panels, making it a cost-effective option.*
- **Plant a garden:** *Planting a garden is not only a great way to beautify your home, but it can also help combat climate change. Plants absorb carbon dioxide from the atmosphere, and gardening can also reduce the need for environmentally damaging fertilizers and pesticides.*
- **Invest in energy-efficient appliances:** *Upgrading to energy-efficient appliances, such as refrigerators, washing machines, and air conditioners, can significantly reduce energy consumption and greenhouse gas emissions.*
- **Use public transportation:** *Cars are a significant source of greenhouse gas emissions. Individuals can significantly reduce their carbon footprint by using public transportation, biking, or walking.*
- **Reduce waste:** *The production and disposal of garbage generates significant greenhouse gas emissions. Individuals can significantly reduce the harmful environmental impact by reducing waste through composting, recycling, and reducing consumption.*
- **Advocate for change:** *Finally, individuals can advocate for change at the community and government levels. This can involve supporting politicians who prioritize climate action, attending protests and rallies, or simply engaging in discussions with friends and family about the importance of addressing climate change.*



SUSTAINABILITY

Positive News Related To Sustainability.

The beauty of nature



SOME POSITIVE NEWS RELATED TO SUSTAINABILITY FROM AROUND THE WORLD:

Scientists in Australia have developed a new type of solar panel that can produce hydrogen from the moisture in the air. This could significantly increase the use of renewable energy and decrease our reliance on fossil fuels.

➤➤➤ READ MORE

A startup in the UK has created a machine that recycles plastic waste into reusable 3D printing filament. This could reduce the amount of plastic waste in the environment while also providing a sustainable source of material for 3D printing.

READ MORE <<<

In India, a startup called Carbon Clean Solutions has developed a technology that captures carbon dioxide emissions from industrial processes and converts them into usable products such as baking soda. This could help reduce greenhouse gas emissions while also providing a new source of revenue for companies.

Costa Rica has achieved 99% renewable energy in 2021, surpassing its goal of becoming carbon-neutral by 2021. The country has achieved this by investing in wind, solar, hydroelectric, and geothermal energy sources.

TECHNOLOGY

AI Is Here To Stay And It's Important To Look At The Multitude Of Ways It's Making Life Easier

Artificial Intelligence (AI) is no longer just a concept in science fiction books and movies; it has become a reality that is transforming how we live, work, and interact with technology. AI is revolutionizing various industries, including healthcare, finance, transportation, and entertainment, and it's poised to have an even more significant impact in the coming years. In this article, we will explore the world of AI and how it is changing our lives.

One area where AI is making a significant impact is **healthcare**. AI-powered devices are used to analyse medical images, diagnose diseases, and develop treatment plans. For example, AI algorithms can help detect early signs of breast cancer from mammograms with a higher degree of accuracy than human radiologists. AI-powered virtual assistants can also help patients manage chronic conditions such as diabetes by providing personalised advice and reminders.

DEFINITION

AI refers to developing computer systems that can perform tasks that typically require human intelligence, such as visual perception, speech recognition, decision-making, and natural language processing. AI algorithms use vast amounts of data to learn and improve their performance over time, making them more accurate and efficient.



In **finance**, AI detects fraudulent transactions and prevents money laundering. AI algorithms can analyse vast amounts of financial data and identify suspicious patterns that could indicate fraudulent activity. Banks and financial institutions also use AI-powered chatbots to provide personalised customer service and support.

Transportation is another industry where AI is having a significant impact. Companies like Tesla and Google are developing self-driving cars powered by AI algorithms. These cars can analyse their surroundings and make real-time decisions to avoid accidents and navigate roads. Self-driving cars are expected to revolutionize transportation, making them safer, more efficient, and more convenient.

AI is also transforming the **entertainment industry**. AI algorithms analyze audience behavior and preferences, helping studios and streaming services create more targeted content. For example, Netflix uses AI algorithms to recommend movies and TV shows based on a user's viewing history and behavior.

Despite AI's many benefits, concerns about its impact on jobs and privacy exist. Some experts predict that **AI will replace many jobs** currently held by humans, particularly those that involve routine tasks. There are also concerns about using AI for surveillance and the potential for AI algorithms to be biased and discriminatory. The potential benefits of AI are too significant to ignore. As we continue to develop and refine AI algorithms, it is crucial to ensure that they are used ethically and responsibly, focusing on benefiting society as a whole.

HEALTHY LIFE

Experts Predict **ACTIVITY SNACKING** Can Help Maintain Blood Sugar Levels. Find Out How -

Diabetes is a lifelong condition that causes a person's blood sugar level to become too high.

There are two types of diabetes:

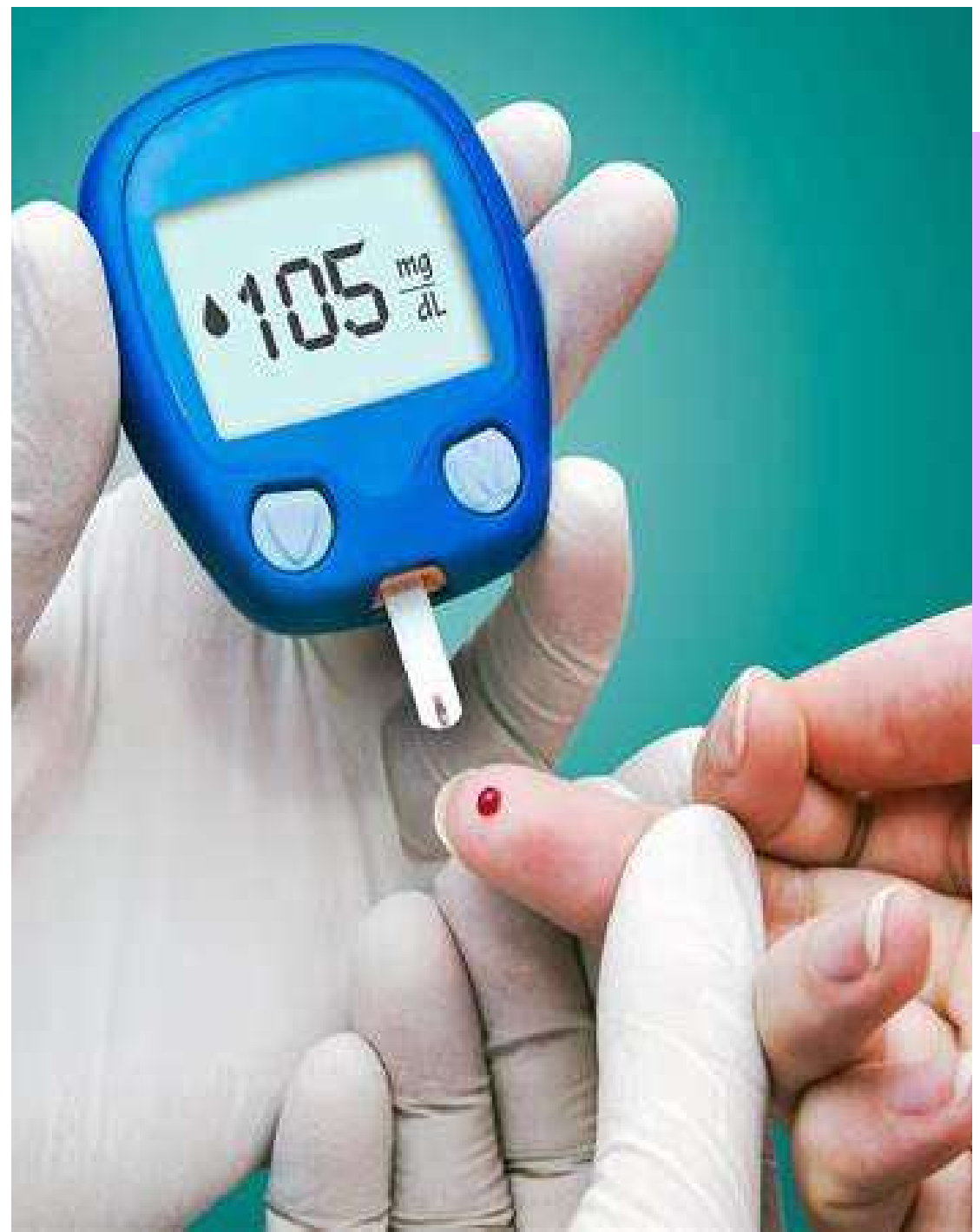
- **Type 1** is where the body's immune system attacks and destroys the cells that produce Insulin.
- **Type 2** is where body does not have enough insulin, or the body's cells do not react to insulin.



Activity Snacking

To help **decrease the case of Type 1 diabetes**, dietitians have come up with a relatively simple solution called "**Activity Snacking**". Putting it in simpler words, 'Activity Snacking' means walking at least 3 minutes every half hour; This could help improve blood sugar levels. A study of 32 people with type 1 diabetes showed blood sugar levels lowered when they took regular walking breaks over seven hours.

Dr Campbell added that 'activity snacking' could be an important stepping stone towards more regular physical exercise and an intervention to help maintain blood glucose levels. An additional 'walking phone calls' method can help you avoid sitting for long hours and maintain blood sugar levels.



Deconstructing diabetes part 3

It is incredibly encouraging to know that making a small, practical change could profoundly affect blood sugar levels. But it is important to remember that these strategies decrease the risk of increased blood sugar levels, which traditional physical exercise and activities can even more effectively reduce. Contrary to popular belief, Diabetes is a lifestyle disease not caused by eating excess refined sugar. A healthy diet and exercise is the best way to tackle this widespread disease.



Shweta Garodia
Clinical Dietician

BOOK REVIEW- Bottle Of Lies



Katherine Eban
Author

While there are many books claiming to revolutionise the reader's perspective on the addressed subject, there are a few that succeed in doing so. *Bottle of Lies*, an explosive piece of investigative journalism by Katherine Eban, truly lived up to its promises. The book details the murky depths of the generic drug industry.

It comes from a 5-year investigation of the Indian pharmaceutical giant Ranbaxy Laboratories, which was acquitted in a civil case that had the company shelling out more than 340 million USD as a penalty. The main storyline in the book is that of Dinesh Thakur, a former Ranbaxy executive who resigned on discovering the sinister secret of the company. Conflicted between his ethics and his safety, **he let his morals prevail and exposed the entire system to the FDA.**

Eban pulls off a herculean feat in detailing exactly how the **heroes of the battle against Big Pharma** were exposed, with reconstructed conversations, boardroom insights and whistleblower accounts painting an infuriating picture. The generic industry provides cheaper drugs by reverse engineering patented medical technologies and replicating them, a process that is undertaken mainly under self-regulation.

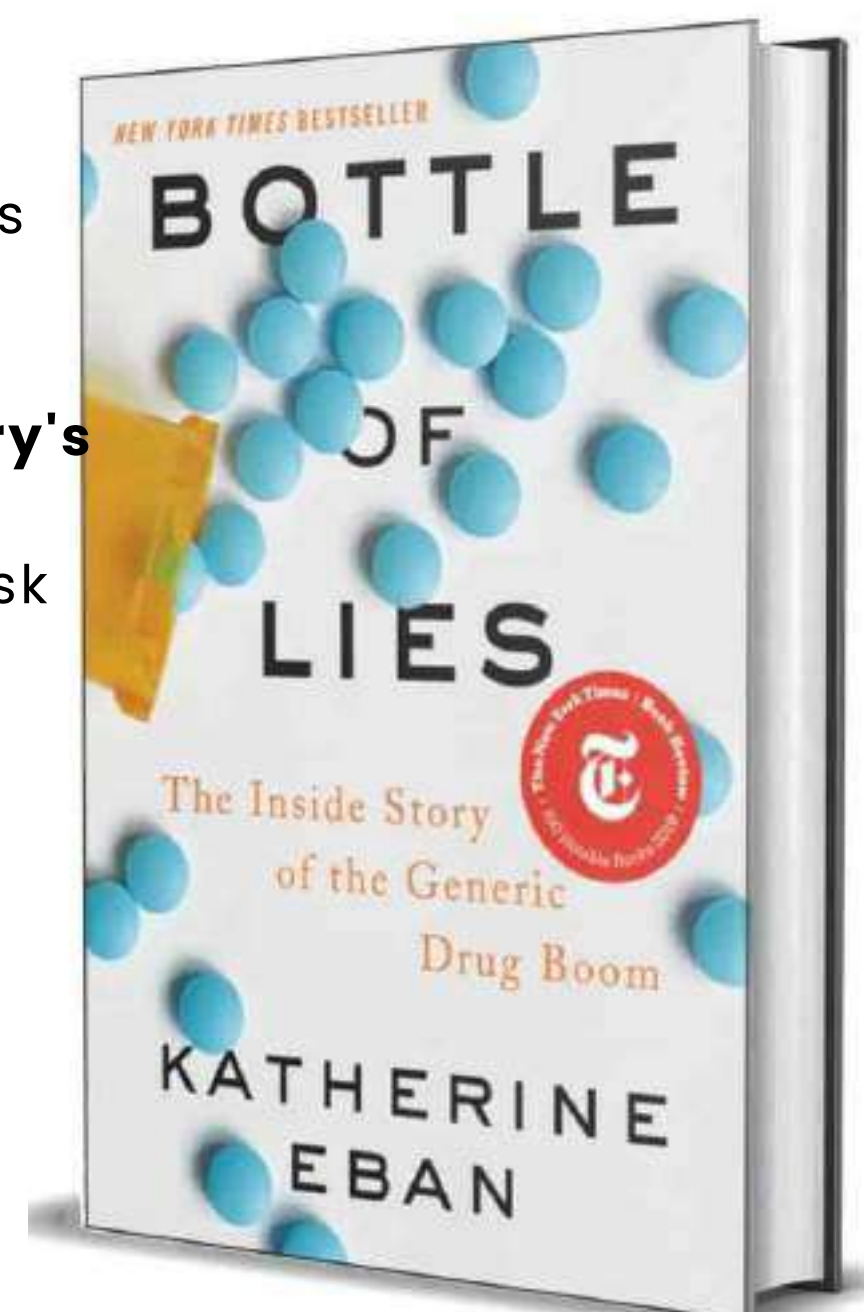
Most drug companies outside the United States escape the infamously rigorous **FDA inspections** because local regulations and visa permissions significantly limit them. This limitation has arguably led to the generic drug industry being corrupted.

Whistleblowers and former executives recounted the horror stories that went on behind the scenes, **with shocking revelations of executives admitting that 100% of the data in the dossiers submitted to the authorities was forged.**

The book helps to understand the **full magnitude of submitting false data points**, the least damaging of the effects being that the drugs may be ineffective. Manufacturing safe drugs for such large markets is a big responsibility that generic companies worldwide disregard.

One of the most alarming discoveries was not that the drugs were produced by neglecting safety standards but that potentially life-threatening drugs for patients were knowingly approved and supplied. Earlier in the book, it is mentioned **how Ranbaxy provided supposedly life-saving AIDS drugs that were ineffective, leading to millions of lives being risked, only for an executive to waive it off as 'just blacks dying'.**

It is one thing to sell effective and safe drugs at exorbitant prices for profit, but a complete other to sell contaminated and soiled drugs to patients fighting for their lives. *Bottle of Lies* delivers a **systematic and comprehensive account of the industry's perspectives**, from executives willing to risk thousands of lives for a quick buck to even FDA investigators that jump into dumpsters to find incriminating evidence.



This book is essential for just about anyone, and I guarantee that it will open your eyes to the disconcerting reality of what goes inside your medicine bottles.

HAPPY LIFE

How Astrology Plays An Important Role In Our Lives



Dharmik Shree Jani

(Face reading, Horoscope, Palmistry, All puja vidhi)

One of the latest astrological updates is the movement of Jupiter and Saturn into the sign of Aquarius. These two planets are known as the social planets, and their movement into Aquarius is expected to bring about changes in the way we interact with each other and the world. This transit is said to be a time of innovation, progress, and a shift towards collective thinking and community-based solutions.

Another important astrological update is the upcoming eclipses in 2023. Eclipses are significant events in astrology, as they bring about changes and new beginnings. The first eclipse of 2023 will be a solar eclipse on April 8th, followed by a lunar eclipse on April 23rd. These eclipses are said to bring about opportunities for growth and transformation, especially in the areas of relationships and career.

The retrograde motion of Mercury, the planet of communication, is another astrological update to keep in mind. Mercury will go retrograde three times in 2023, starting on January 14th, then May 10th, and finally on September 9th. During these retrogrades, communication may become more challenging, and technology may experience glitches. However, this is also a time for introspection and reflection, as we review our goals and plans.

Why is astrology important? Astrology can provide guidance and insights into our lives, helping us to understand ourselves and our relationships better. It can also give us a sense of direction and purpose, as we align ourselves with the energies of the cosmos. By understanding the astrological updates and transits, we can prepare ourselves for potential challenges and opportunities that may arise.

Astrology is an ancient practice that has been in existence for thousands of years. It is the study of the movements and positions of celestial objects, such as the sun, moon, and planets, and their influence on human affairs and natural phenomena. In recent times, astrology has gained a lot of popularity, and people are turning to it for guidance and insights into their lives. In this article, we will explore the latest astrological updates and their importance.

Nikki ki Kavita



યાદ આવશે
કોયલ નો મીઠો કલરવને
સાથે વાત તો ચાર વાગ્યાનો ઘંટ યાદ આવશે!

નાસ્તાની ડીશ લઈને
દિવાલ પર લખેલો 107 નંબર યાદ આવશે!

ચાલતા ચાલતા સવારના
સંભળાતા ગુરુજીના દુહા યાદ આવશે!

મૌન લઈને જેની સાથે રહી
એ સૌના ચહેરા યાદ આવશે!

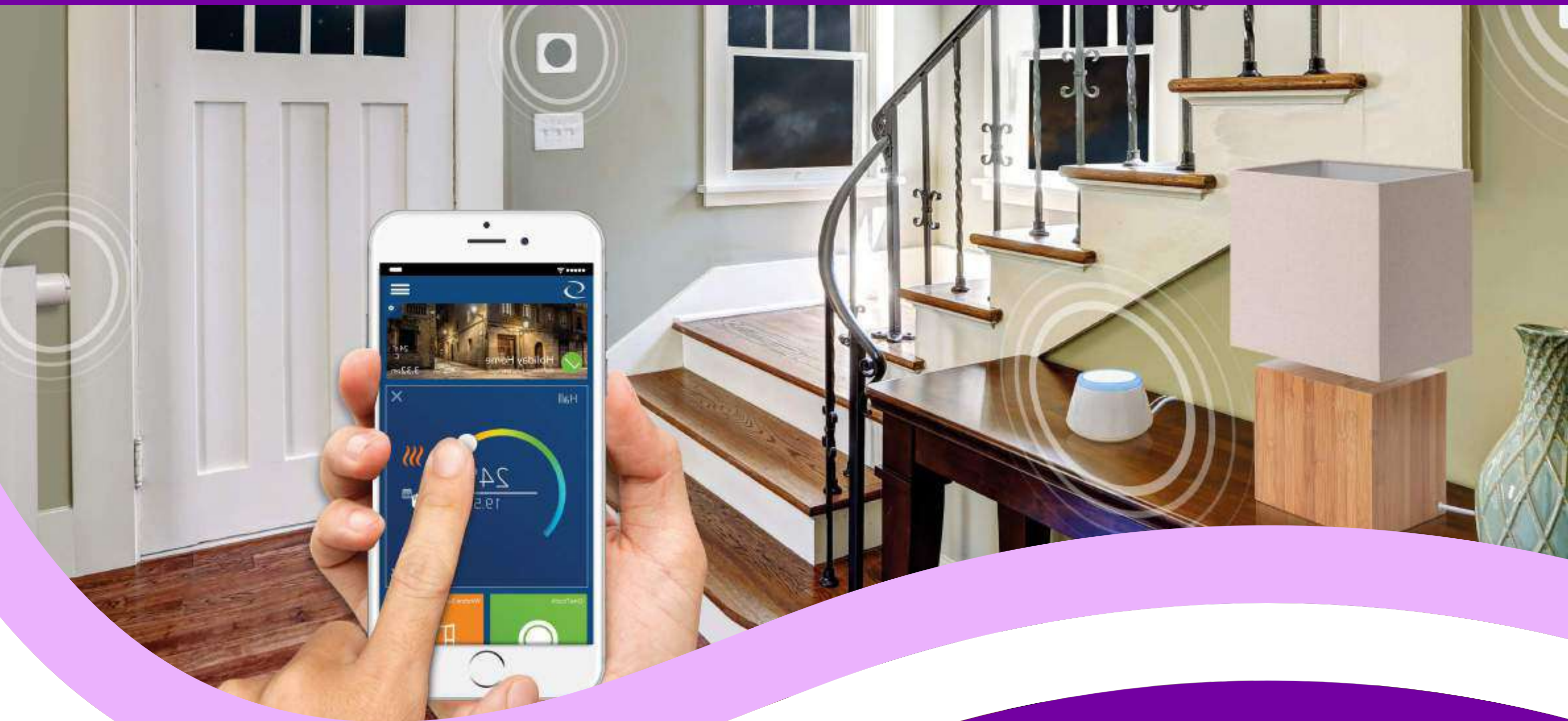
100 જણા મળીને ધ્યાનમાં કલાકો બેસતા
ને વળી જે ઉર્જા મળતી ખૂબ યાદ આવશે!

આ વીતેલા દસ દિવસની તમામ વાતો
ને ગુરુજીના પ્રવચન યાદ આવશે!

મારા જ મન સાથે વિતાવેલો સમય
એને એકાગ્ર કરવાના પ્રયત્નો યાદ આવશે!

ખાલી હાથે ગઈ હતી
કેટલું જ્ઞાન લઈને આવી મને ખૂબ યાદ આવશે
મને ખૂબ યાદ આવશે !

HAPPY PLACE



In What Way Will The Design Of The Future Interact With AI?



Abhishek Patel (Founder)

promoting the job have increased through sites like Pinterest, where they can attract clients through their innovative and trendy ideas, and connect with them more easily.

Due to the advancements in the technological field, One can choose to specialize in one or two concepts instead of generalizing their studies in interior designing, such as furniture designers, exhibition designers, lighting designers, kitchen designers, architects, architectural technologists, etc. Many options with high salaries have enticed various **newbies to pursue a career in interior design.**

In the past few years, interior designing has increased career prospects and opportunities, and it will continue to do so in the future when new and bright minds will come to work to create a positive future.

Interior design has advanced a lot in the past few years, and opportunities in this career are expected to grow by 13% in the next decade. The increased career opportunities are attracting more youth to pursue this course.

To begin with, the overall technological development has aided a lot in interior design. Firstly, the concept of connecting every single thing in your house and making simple tasks like switching on a switch easier has changed the manner of interior designing. The concept of **"smart home"** through various devices like **Alexa, Google Home, and various AR & VR technology**, has made work more straightforward for the people living in the house. Since people have started relying on smart home technology, interior designers have gained more control and evolved the ambience of the house accordingly, and it includes not placing "mom's favourite vase" where children are playing VR video games. Another breakthrough in the technological field is the invention of 3D printers.

3D printers have made countless imaginative ideas come into existence; A mere thought of an extravagant piece of furniture, or a spectacular showpiece can be moulded into life. Means of

LAW

Sadaf Khan - Founder of Lexicon legal

Positive Day Newspaper was in conversation with **Sadaf Khan** from Lexicon Legal. Check out insights from the founder of Surat's only law firm as she discusses being a female lawyer, negotiating high stakes deals and creating awareness about obscured litigation processes. She will truly make you feel like if there's any degree worth pursuing its law.



Q. Are you a generalist or a specialist lawyer?

A. I am a specialist layer, I specialize in corporate and IP (intellectual property) laws.

Q. How would you describe your typical client?

A. As such anybody can be a client... You work for the positive day newspaper, and eventually you'll want to protect your logo/trademark/IP rights, you can have policies for which you need legal assistance, eventually you'll have big clients and you'll need to make retainer agreements/engager agreements yearly, and so on. Anybody in any sector, doing any business, can become my client.

Q. Could you describe a complex case to me that you were in charge of related to corporate law?

A. As we speak, I am in Mumbai, and we had a meeting with the third biggest law firm in India, and we negotiated a very big deal for our client, which involved more than 300cr. Being young lawyers, we sat down across the table with the team of that company (cannot disclose the name of the client or the law firm because of confidentiality issues). We just finished that meeting and we closed the deal for our client - just through negotiations and the understanding we had regarding that matter. It was a very huge milestone for us, negotiating a deal of more than 300 cr.

Q. How do you go about building trust/rapport with a client?

A. When any client/individual approaches us, we don't tell them to directly choose our services, we first try and understand what business they are into. We try to analyze any legal problems they are into or may get into, and we help them based on the same. We have two kinds of models - we have a retainer model (where you can have our service monthly basis) and the second is a project-to-project model. We give our clients very honest opinions, if we feel they will need our services monthly, then only we ask them to choose a retainer model. Otherwise, if there are only 2-3 contracts that need to be chosen properly, then we ask them to take the project to the project model.

Q. So what's hampering the rate of arbitration?

A. Lack of awareness and lack of understanding. Also because there is a generation gap, arbitration hasn't evolved. When globalisation arrived in India, people started understanding that we cannot take everything to court, with the increase in transactions and different legal problems. They understood that we can sit across a table and get it done outside of court. So, at least in the tier 1 cities, arbitration is already growing, but in cities like Surat, it will take a little more time, but when it does, we will see a huge boom in the arbitration sector.

Q. What challenges did you face while opening Surat's 1st law firm and as a female lawyer?

A. In Surat, if you tell anyone that you own a law firm, they will still think you are just a lawyer. A law firm means that we provide 360 degree solutions to your legal problems. Like if you come to me, I can give you services related to corporate law, I can give services related to civil litigation, commercial litigation, criminal litigation, to everything. We have a team for each specific area of law, that is what a law firm does. And when you say being a female lawyer, it's a man's world and it is also more of a man's profession. When I enter a room, it's only males sitting across a table. It's a little difficult for them to accept a woman coming with so much power and authority. It's more about the authority that the males in society are yet to accept. If I talk about challenges on a day-to-day basis, say I walk into a room with my partner. The client will shake my partner's hand, but they will hesitate to shake my hand. It's a very small thing, but it does make you feel restricted.

Q. What would you say is the area of law that is the most interesting to you, and why?

A. The hottest selling cake in the legal industry of profession is arbitration - out-of-court settlement. Arbitration is what the government is promoting as of now since the courts are overburdened right now. To give justice to a common man, it takes almost 5-10 years, there's no fixed timeline, and it may take more than that as well. When commercial issues get stuck, it also hampers the economy on a larger scale. Therefore, it is very necessary to resolve a commercial dispute as early as possible, and through arbitration, we can resolve it within a year. It is such a beautiful topic and a subject that if people start understanding it, India's economy will skyrocket, literally. We as young lawyers should also start promoting arbitration, Lexicon Legal is already trying to do that by educating people in the city. They are taught to choose arbitration over going to court every single time because the court is already overburdened with more political matters.

HEALTHY LIFE

'Nutritious Doesn't Mean Compromising On The Taste' - Dr Shashi Saini from

We only live once, why waste it on salads when we can have burgers, " is the belief of probably everyone you can think of. All we can think of when we say healthy is raw cabbage along with some tomatoes and bell peppers. Leaf & Lean is here to **make healthy delicious**; a stellar food outlet with a menu that is not only mouth watering but also nutritious.

Maintaining your diet in this busy and constant lifestyle is extremely important. A diet high in whole food such as fruits , vegetables and low in processed foods and sugar highly helps in decreasing stress and anxiety and help improve your mood. It also provides the body with sufficient fuel it needs to function, which helps increase energy level and improves our focus and productivity. Eating healthy helps the body naturally boost the body's serotonin level and overall mood. Not to forget it is also extremely important to help **improve your immune system and decrease the risk of catching infection**. And as the name suggests Eat Green and Stay Lean, eating healthy and balanced helps you maintain healthy weight and reduce risk of obesity and diseases related to it.

Leaf & Lean aims to help us effortlessly inculcate a balanced nutritious diet in your daily life. They map out meals that are customized to individual health goals, taking in account calorie and portion control. They prepare meals with fresh ingredients, high in protein and fiber and low in carbohydrates. Leaf & Lean believes in the Danish concept 'Hygge'. They want their customers to be able to take time from their daily rush and relax and enjoy life's quieter pleasures. They aim to make your favorite desserts and snacks healthy so you **don't have to worry about those calories or your gym trainer's taunts**. Not only do they serve nutritious food but they also help you personalize your own diet which suits your requirements and give you slick and tasty tips on how to make your regular diet nourishing.



Dr Shashi Saini



PERSONALITY OF THE MONTH

Siddhartha Joshi



Writing under the esoteric synonym of **The Wanderer**, Siddhartha Joshi's uncanny ability to connect with his surroundings on a spiritual level and then transmit these feelings through his blog has struck a chord with many of his readers. A Stanford and NID graduate boasts an outstanding education and an even more illustrious career trajectory, having been featured on renowned publications like CNN and the Huffington Post.



<https://www.sid-thewanderer.com>



@siddharthajoshi

Siddhartha now has an undeniable social media presence, with a community of more than 15.2 thousand viewers on his youtube channel. He also believes in sharing his social media knowledge and photography prowess with his community through TEDX Talks and independent videos.

Joshi is an excellent example for youngsters who wish to use their talent instead of waiting for someone else to recognize it. He is a **self-published blogger** who has consistently amassed his audience since 2010 through his blog, his YouTube channel, and photography expertise.

Besides his philanthropic work, Joshi's travel diaries lend an equally unique and aesthetic voice to India's forgotten secrets. Not someone to rest at touristy spots, Siddhartha always tries to go further than required, pushing boundaries and uncovering histories. His work has played an invaluable role in bringing the joys of Indian tourism to mainstream media.

Siddhartha Joshi also stands for using his platform and reach to change society. He has emerged as a champion for public health in India, working in close contact with the government and independent organisations on-field.



LIFE LESSON

How Young Entrepreneurs Can Build A Circle By Maximizing Their Networking Potential



Niraj K Viradiya

(builder/motivational speaker)

Young people who enter the workforce and try to make it on their own usually have the same anxiety of not having a network from which they can connect and congregate. They **fear 'how they will grow their business'** to reach as many people as possible. To increase their network, they usually join networking platforms and organisations where these young entrepreneurs distribute their visiting cards and believe their business or network has expanded because a certain number of people were interested in them and asked for their visiting card or contact details. It's not wrong to suit up and go network, but it's the mentality with which we attend the meetings. The thought with which we go to these platforms is essential.

"Work hard and don't expect anything in return". If your work is genuine, you will automatically see results.' This thought applies when you try and connect with new business professionals. You should speak to them about your goals and vision but don't expect they will give you business in return. You can sell your product if your work is good and they see genuine potential. While networking, though, remember to talk about your business to the best of your capabilities, regardless of whether the other person might give you money for the same.

HAPPY LIFE

Advancements In The Medical Field Powered Through AI

With Artificial Intelligence permeating into almost every field there is, it comes as no surprise that the medical field too has been implementing it wherever necessary as well. As a pioneer of this development in the medical field, Siddhi Dental Clinic has successfully integrated technology with its day to day works, making the establishment more efficient and accurate in its procedures.



Dr. Krunal Pareek
(Founder of Siddhi Dental Clinic)

Computer Vision Systems

Computer vision systems are of immense help in analyzing and identifying decay and different periodontal diseases that may sometimes escape the human eye. Different AI softwares that are enlisted to help in diagnosis and treatment do not replace a dentist's experience and knowledge, but help dentists arrive at solutions quicker.

Depth Probing

Now, dentists are able to determine how far diseases have progressed through a technique called 'depth probing'. These softwares can perform image classification and image segmentation on radiographic images or scans of afflicted teeth. They then identify patterns and perform detection to determine the stage of the disease.



Artificial Intelligence is now utilized in nearly all the steps of treatment; including diagnosis, surgery and even predicting treatment outcomes.

AI-driven Dental Imaging Software

A significant usage of AI in dentistry is Automated Interpretation of Dental Images, where the CT Scan or MRI is fed into the software, and the software then derives a diagnosis and a treatment plan, while taking the patient's previous medical history into consideration.

Oral Cancer

Through AI programs like 'neural networks' which operate on the principle of 'transferred learning'; there is definite progress being made in detecting oral cancers as early as possible. Neural Networks are programs that basically compare multiple data points to arrive at a conclusion.



A common fear that arises with an AI integrating in different fields is the worry that **robots and machines will ostensibly replace humans**; and as a result many of today's jobs will cease to exist in the future.

However, AI is technology here to stay, and **AI will not be replacing your job, someone using AI will.**

MYTHS & FACTS

Artificial Intelligence (AI)

MYTHS

FACTS

AI is only for large businesses.



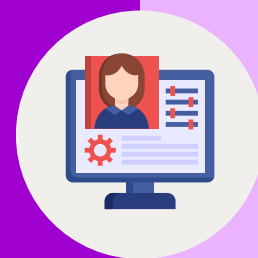
AI is available for every business.

AI algorithms can process any data.



The quality & quantity of data matters.

AI can make independent decisions.



AI programs need to be taught first

AI will replace all human jobs.



AI complements human and creates new jobs.

AI robots will enslave people.



There will be no rise of the machine.

POSITIVE PLACE

Smiling faces behind positive day newspaper



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would just do that for you.

Publish your celebration of special days (birthday or anniversary) or events in our newspaper and make it memorable for your loved ones

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