P SITIVE DAY

NEWSPAPER



The Midnight Masquerade:

A Halloween Tale

In the heart of the enchanted Hollow Grove, a mystical forest where shadows danced beneath the silvery moonlight, animals and birds gathered for their annual Halloween celebration. A hush fell over the valley as they prepared for the Midnight Masquerade.

Meet Ollie, the wise old owl, who served as the master of ceremonies. Dressed in his tattered wizard's robe, he presided over the festivities. Cautious and serene, he held the secrets of the night in his ancient eyes. The forest creatures gathered around him, restless with anticipation.

Then there was Bella, a cunning black cat with emerald eyes. She prowled in her witch's hat and cape, weaving spells of enchantment over the crowd. Her enchanting purrs cast a spell of serenity upon the restless spirits.

Ricky, the mischievous wolf, played tricks on everyone. He put on a phantom costume with ethereal feathers that glowed in the dark. His cawing laughter echoed through the trees, creating an uncanny ambiance.

The bats, who formed a symphony of shadows, fluttered above, casting bewitching

spells. With intricate wing patterns and colourful masks, they mesmerized with their silent grace.

As the night deepened, ghostly fireflies danced with the woodland creatures, creating an iridescent spectacle. The trees whispered ancient tales, and the wind sang creepy songs, setting the perfect Halloween mood.

Finally, the enchanting Pumpkin Queen, a mystical white hare in a vibrant orange costume, led the animals in a dance beneath the full moon's glow. Their spooky waltz seemed to awaken the very essence of the forest.

And so, under the canopy of twinkling stars, the animals and birds celebrated Halloween in their own enchanting way. The Midnight Masquerade in Hollow Grove was a testament to the magic that could be found in the darkest of nights. It was a tale of a Halloween night that would forever be etched in their hearts, a night where the forest came alive in the spirit of the season, proving that sometimes the spookiest nights bring the most magical memories.



SPORTS

October's Finest Moments

In October, India shone brightly at the Asian Games 2023, making significant strides in various sports. Distance runner Parul Chaudhary's gold medal victory in the 5000m race, where she overtook a Japanese opponent in the final 25 meters, marked an iconic moment for India, underlining the potential of Indian athletes when combined with the right mindset and training.





Avinash Sable, India's top candidate in the 3000m steeplechase, justified his reputation by securing a gold medal, India's first in this event. India's dominance continued as Jyothi Surekha Vennam and Pravin Ojas Deotale clinched gold in the compound archery mixed team final, propelling India past its previous best Asiad medal tally. Additionally, India secured a bronze medal in the 35km race walk mixed team final, further showcasing the nation's prowess at the Games.

Additionally, India's victory against Pakistan in a World Cup cricket match provided an emotional roller-coaster. India emerged victorious by seven wickets in a one-sided encounter, where Rohit Sharma's explosive 86 off 63 balls and Shreyas Iyer's unbeaten 53 sealed the win.



The sporting world also witnessed Aishi Bisht's impressive victory in the Fenesta National subjunior tennis championship, knocking out last year's finalist, Laxmi Siri Dandu, in the under-16 girls' semifinals.

Lastly, Sriram Balaji, in partnership with Andre Begemann, triumphed in the double's semifinals of the €145,000 Challenger tennis tournament in Bratislava, Slovakia.

While expectations were high for an all-Indian squash mixed doubles final, Anahat Singh and Abhay Singh had to settle for bronze after a narrow loss to Malaysia's Aifa Binti and Mohammad Syafiq in the semifinals. In the boxing ring, Parveen earned a bronze medal in the women's 57kg semifinal.

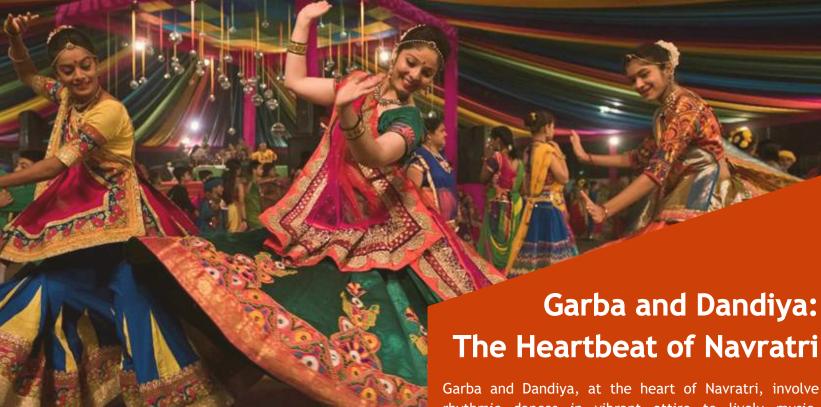
Track and field events saw notable performances, with Harmilan Bains and Chanda participating in the women's 800m finals. Harmilan, already a silver medalist in the women's 1500m, aimed for her second medal. Avinash Sable, a gold medalist in the men's 3000m steeplechase, joined the men's 5000m race alongside Gulveer Singh, who previously secured a bronze in the men's 10,000m final.

Saurav Ghosal made headlines in squash with a resounding victory in the Men's Singles event, defeating Japan's Ryunosuke Tsukue.

These achievements collectively showcased India's growing presence and excellence in the world of sports in October 2023.

ENTERTAINMENT

Dancing through the colours —— Navratri celebration ——



Navratri, a nine-night Hindu festival celebrated with great zeal and enthusiasm, is a perfect blend of spirituality and entertainment. This festival revolves around the worship of Goddess Durga, who symbolizes divine femininity, and the triumph of good over evil. However, what makes Navratri truly special is the celebration that accompanies it, which includes lively dance forms like Garba and Dandiya.

Fashion and Food: A Feast for the Sense

Fashion during Navratri is a vibrant affair. People flaunt their best traditional outfits, with women donning colourful chaniya cholis and lehengas while men wear kurtas and turbans. The rich and diverse cuisine during Navratri is a food lover's delight, with a wide array of delicious dishes that cater to both fasting and feasting, from sabudana khichdi to delectable sweets like malpua.

Navratri is not just about dance and music; it's a celebration of life itself. As the beats of Garba and Dandiya resonate through the air and the vibrant colors of chaniya cholis twirl under the moonlight, Navratri continues to be a source of joy, unity, and unforgettable time.

Garba and Dandiya, at the heart of Navratri, involve rhythmic dances in vibrant attire to lively music, fostering a spiritual connection to Goddess Durga. The music is a fusion of tradition and modernity, with skilled singers and live orchestras performing classics like "Tara Vina Shyam" alongside fresh interpretations, adding a touch of glamour and entertainment to the festival. These dances infuse the celebration with energy, combining both the religious and entertainment aspects seamlessly, offering participants a sense of joy and fulfillment.

The participants, dressed in traditional attire, twirl to the beat of dhol and other traditional instruments, creating a visually mesmerizing spectacle. The music is integral to the experience, sung by talented artists who evoke devotion and celebration, enhancing the overall atmosphere of the event. Their performances not only entertain but also deepen the spiritual connection, making Navratri a time of both merriment and reverence







FASHION

Style Spectacle from Paris Fashion Week 2023

Paris Fashion Week Spring-Summer is a time when the world's most acclaimed designers come together to unveil their most extraordinary creations, marking the grand finale of a week filled with style and innovation.



High necklines have been a recurring theme on runways for several seasons, but Paris Fashion Week Spring-Summer 2023 brought a fresh twist to this classic style. Designers like Vivienne Westwood presented modified high necklines in the form of dropped necklines, creating a balance between elegance and daring. Louis Vuitton chose silky textures and a touch of '80s-inspired glam, while Sacai embraced the downtown city vibes with a full denim look.

Stripes took center stage at the springsummer shows, with various brands interpreting this timeless pattern uniquely. Chanel pushed the boundaries with colorful skirt suits, and Schiaparelli dared to be bold with asymmetrical black-and-white shorts ensembles.

Knitwear made a strong statement on the Paris runways, particularly in neutral hues. Loewe's chunky cardigan, complete with a fisherman's knit pattern and oversized gold buttons, turned heads. Valentino, on the other hand, embraced subtlety with a smaller stitch but maintained a loose, comfortable feel.

Orange and black stripes, colorful furry wrap coats, and tunics over pants brought a fresh sense of daring to the runway. Chartreuse green, cobalt blue, and candy pink offset black, light grey, and cargo hues, creating a vibrant and unexpected aesthetic.

During this fashion week, a unanimous choice was made, from editors to influencers and guests: off-the-shoulder sweater dresses. These dresses strike the perfect balance between a collarbone-skimming neckline and a soft, cuddly knit, offering comfort and chic style—an ideal choice for long days surrounded by industry insiders.

As fashion enthusiasts, it's time to embrace these trends and let our personal style shine. As quoted by Meg Donohue, "it's not just about getting dressed; it's about playing dress-up."

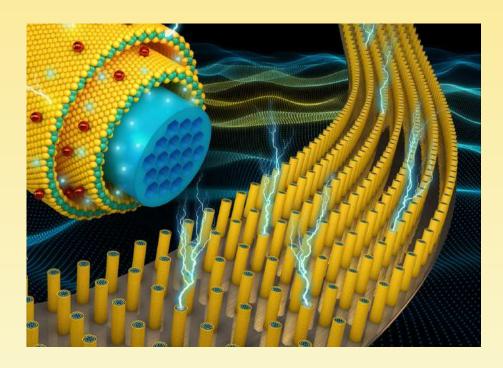


TECHNOLOGY

MIT Engineers Develop New Supercapacitor with Age-Old Materials

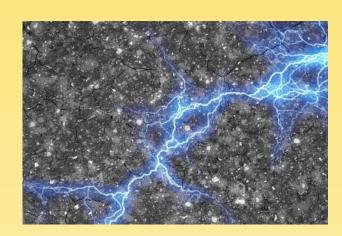
A groundbreaking study from MIT has revealed that two ancient and universal materials, cement and carbon black, could be the foundation for a revolutionary low-cost energy storage system. By combining these materials with water, researchers have developed a supercapacitor—a compelling alternative to traditional batteries—capable of efficiently storing electrical energy.

Supercapacitors, in essence, are simple devices consisting of two conductive plates submerged in an electrolyte solution and separated by a membrane. When a voltage is applied



across the supercapacitor, charged ions from the electrolyte accumulate on the plates, creating an electric field between them. This stored energy can be discharged rapidly when needed. Unlike traditional capacitors, supercapacitors can store exceptionally large charges, making them ideal for various energy storage applications.

The key to MIT's new supercapacitors lies in their innovative approach to producing a cement-based material with an extraordinarily high internal surface area. This was achieved by introducing highly conductive carbon black into a concrete mixture, allowing it to cure.

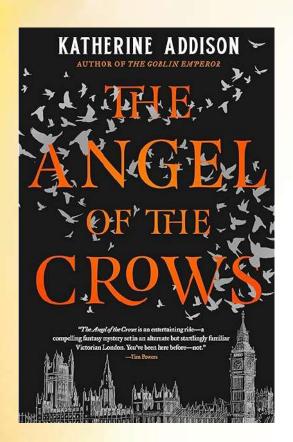


The MIT research team calculated that a 45-cubic-meter (approximately 3.5 meters across) block of nanocarbon-black-doped concrete could store about 10 kilowatt-hours of energy—equivalent to the average daily electricity usage of a household. Notably, supercapacitors can charge and discharge much faster than conventional batteries.

Another exciting application is the development of concrete roadways embedded with these carbon-cement supercapacitors. These roadways could capture energy generated by adjacent solar panels and supply it to electric vehicles as they travel, employing wireless recharging technology.

As we look ahead, it's clear that the fusion of ancient materials with cuttingedge technology has the potential to reshape our world and accelerate the adoption of renewable energy sources.

BOOK REVIEW The Angel of the Crows





Katherine Addison

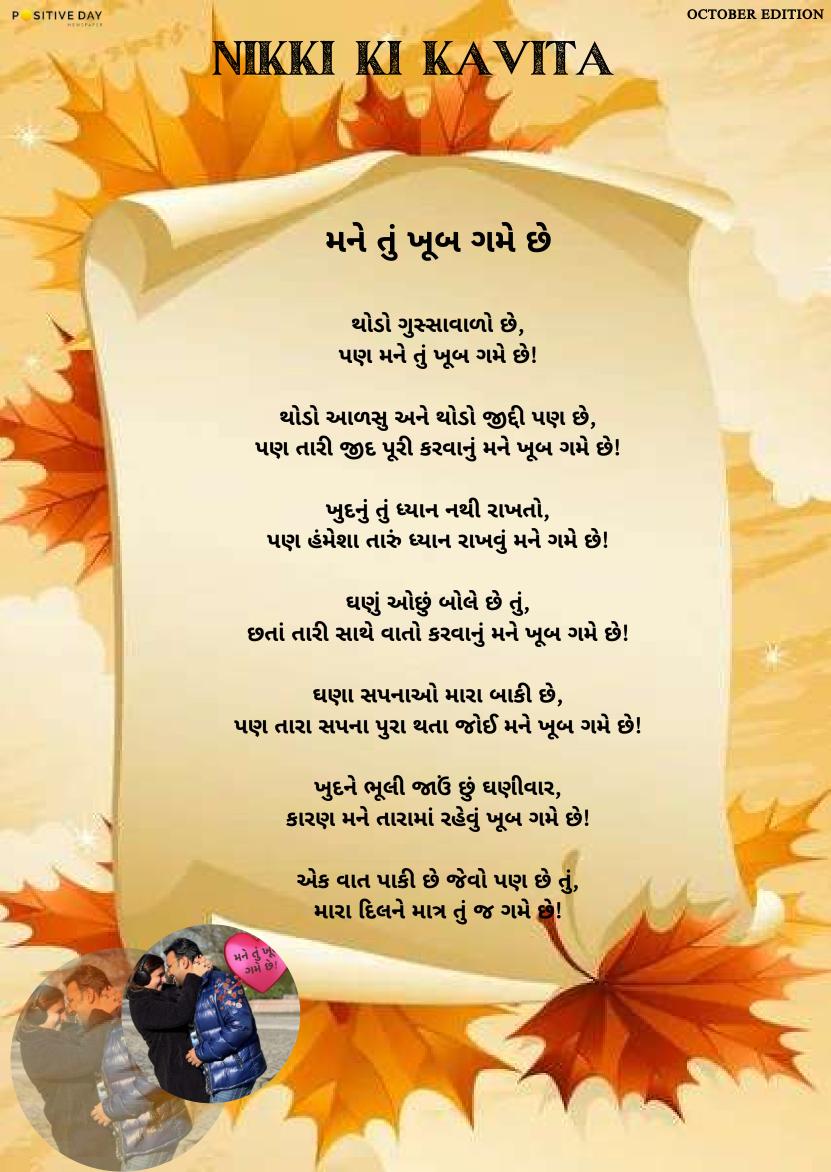
The Author

"The Angel of the Crows" by Katherine Addison is a captivating read that's perfect for the month of October. The novel offers a delightful blend of mystery, fantasy, and horror.

The story follows Dr. J.H. Doyle, who is left with significant injuries and can no longer work. In London, he meets Crow, an angel, and becomes tangled in his desire for mystery-solving. Crow is similar to Sherlock Holmes, and Doyle is the Watson figure. Through their friendship, Doyle becomes more than a sounding board for Crow's crime-solving. Not every mystery in the book is solved by Crow, and there is some mystery surrounding Crow himself, as he doesn't look like other angels and has no habitat.

The substance of the mysteries remains the same, which drains some of the fun out of reading since a predictable mystery is hardly a mystery at all. It's witty, a little scary in parts, and filled with some brilliant characters, some we know and love from the "Sherlock Holmes" series, and some new to us, but all together it makes for one fun and fast-paced October read, as it perfectly complements the spooky ambiance of the season. The intricate plot and compelling characters keep readers engaged as they navigate a web of supernatural intrigue.

"The Angel of the Crows" is an atmospheric choice for those seeking mysteries with a supernatural twist and heartwarming relationships during the Halloween season. This unique take on the classic detective novel will have you turning the pages with a sense of mystery and wonder, making it a must-read for October.



Bhagvati, Namo Namo! Kundalini Mata Shakti Mata Shakti, Namo Namo!

We are currently in the month of October, which is dedicated to the goddess Durga, who is also known as the manifestation of Shakti. Shakti is the source of strength, power, wealth, and knowledge in Hindu mythology. With Dharmikshree let's explore additional astrological aspects in this article.

The Shakti's Origins

In the context of Hinduism, Shakti is frequently equated with divine feminine energy and is seen as the universe's creative force. This idea has deep roots in Indian mythology and spirituality. Together, Shakti and Shiva, the masculine and feminine principles, represent the dynamic interaction between creation and destruction in the cosmos. Shakti is Shiva's feminine counterpart.

Tantric Shakti

Dharmikshree says Shakti is regarded as the vivacious, dynamic aspect of divinity in Tantric philosophy. Tantra is a spiritual practice that aims to awaken and transform the individual spiritually by channeling the cosmic energy, or Shakti, within them.

The Shakti Goddesses

In Hindu mythology, Shakti is personified by a variety of goddesses, each of whom symbolizes a unique aspect of the divine feminine energy. Durga, Kali, Parvati, and Lakshmi are a few well-known goddesses linked to Shakti.

Shakti in Indian Culture

The reverence for Shakti transcends religious practices and and influences art, music, dance, and literature, adding to the rich tapestry of Indian heritage. Shakti in Indian Culture Shakti holds a central place in Indian culture and is celebrated through festivals like Navaratri, which is devoted to the worship of the goddess Durga.

Shakti and Planetary Energies

The planets are symbolic of different energies and archetypal forces that have an impact on human life in astrology. Astrologers interpret these energies through the lens of Shakti, identifying the divine feminine aspect of the planetary influences. Understanding Shakti can help us better understand the characteristics that each planet's energy is linked to.

The Moon and Shakti

Shakti is closely associated with the Moon, which stands for emotions, intuition, and the subconscious mind. The feminine energy is thought to be at its strongest during the lunar phases, such as the New Moon and Full Moon.

The Planetary Houses and Shakti

The twelve houses in an astrological birth chart stand for various aspects of life. Shakti can be used to gain a deeper understanding of each house's energy.

Empowerment and Shakti

Empowerment is one of the main themes of Shakti. Recognising and embracing your Shakti energy will enable you to use your inner fortitude and creativity to achieve your objectives.

Healing the Emotions with Shakti

You can recognise emotional patterns and traumas that require healing and transformation by understanding the Shakti energies at work in your birth chart.

Physical Health and Shakti

To maintain and reestablish balance in the body and mind, one can use the Ayurvedic principles associated with shakti.

Meditation and Shakthi

As it involves connecting with inner energies and consciousness, meditation is a practice that is consistent with the idea of Shakti. Techniques for Shakti meditation can assist people in gaining a deeper sense of calmness and peace by allowing them to connect with their divine feminine essence.

Kundalini and Shakti

The dormant energy coiling at the base of the spine is a common description of kundalini. This energy can be awakened and raised through the chakras through specific practices and awareness, resulting in profound spiritual experiences.

Devotion and Shakti

Shakti worshippers frequently practice Bhakti yoga, a devotional path. Practitioners aim to connect with the divine feminine energy and feel a deep sense of love and devotion through prayers, rituals, and profound reverence





HAPPY PLACE

Introduction

Your home is not just a place to live; it's a reflection of your taste, style, and personality. Luxury interiors come not from expensive renovations but from thoughtful additions. Fortunately, you don't need a limitless budget to make your house look luxurious.



Abhishek Patel



1. Define Your Style:

Luxury can be achieved through various design styles, be it classic opulence or modern minimalism. Clarify your style preferences before beginning your home improvement project to establish the foundation for a luxurious home.

2. Thoughtful Space Planning:

Luxury often hinges on well-planned space utilization. Even in compact homes, strategic design choices can create a grand feel. Utilize open floor plans, ample windows for natural light, and clever furniture placement to expand your living spaces.

3. Quality Materials:

High-quality materials are essential for a luxurious ambiance. Choose natural stone countertops, hardwood floors, and premium tiles for an upscale appearance. Incorporate materials like marble, granite, and quartz in your kitchen and bathrooms for both luxury and durability.

4. Custom Millwork and Built-Ins:

Elevate your home with custom millwork and built-in furniture. Consider bespoke shelving, cabinetry, or built-in entertainment centers for a personalized touch that standard furniture can't match.

5. Elegant Lighting:

Transform your home's atmosphere with exquisite lighting fixtures like chandeliers, pendant lights, or wall sconces. Adding dimmer switches enhances mood control for different occasions.

6. Architectural Details:

Architectural features define luxury. Enhance your space with crown molding, wainscoting, coffered ceilings, and decorative columns, creating a timeless and elegant ambiance.

7. Colour Palette:

Choose a sophisticated color palette with neutral tones such as soft greys and creamy whites. Then, introduce bold or contrasting colors strategically to create visual impact.

8. High-End Fixtures:

Elevate your fixtures and hardware with high-end options in finishes like brushed nickel, chrome, or brass. These small upgrades can significantly enhance your overall aesthetic.

Conclusion

Creating a luxurious home is all about attention to detail, thoughtful planning, and a commitment to quality. Remember that luxury is not solely defined by the price tag but by the way you curate and craft your living spaces. Embrace your personal style, infuse elegance into every corner, and watch your home transform into a truly luxurious abode that reflects your unique taste and vision.



Personality Of The Month

Mahatma Gandhi

In the month of October, the world commemorates the indelible legacy of Mahatma Gandhi, a towering figure in India's history and a source of enduring inspiration for people across the globe. Reverently known as the 'Father of the Nation' in India, Gandhi played an instrumental role in India's peaceful struggle for independence from British colonial rule. His profound philosophy of Satyagraha, or non-violent resistance, was a driving force behind remarkable social and political transformations.

Beyond India's borders, Mahatma Gandhi's influence reached far and wide. Figures like Martin Luther King Jr. and Nelson Mandela drew inspiration from his methods in their own

battles for civil rights and justice. Even Albert Einstein, the eminent physicist, admired Gandhi, and their

exchange of letters on topics of religion and politics remain a testament to their shared

intellectual respect. In the world of leadership and management, Stephen Covey incorporated Gandhi's concept of

"the seven social sins" into his influential 1989 book, "Principle-centered

Leadership." The impact of Gandhi's ideas

was not limited to politics; even tech visionary Steve Jobs recognized his

significance and utilized Gandhi's

images in advertising campaigns for Apple computers, encapsulating the

slogan

Think different.

Today, Mahatma
Gandhi stands as a
revered national hero
and the foremost
freedom fighter in India's
history. His dedication to
combating deeply ingrained
social injustices such s caste discrimination
and religious violence remains a source of
great pride for Indians and a testament to his
global reputation. His image is omnipresent in
India, gracing advertisements, banknotes, and
public murals. His portrait adorns public buildings,
serving as a symbol of his influence in various
public campaigns.



are reminded to honor Mahatma Gandhi not just

as a historical figure but as a timeless symbol of resilience, peace, and the enduring power of the human spirit.

His influence remains a beacon of hope, inspiring people to

strive for positive change, both in India and around the world.



HAPPY PLACE

Inner search by Hetal Gohil

"Inner search" is positive thinking, of knowing, understanding, and grooming oneself.

we will learn about "intervention" meaning "involvement".

In life, we consider suggestions or intentions as our contribution. Is it necessary to contribute to every action at all times??

We have engaged ourselves in every day, in every action, in every problem, or in anyone's decisive situation.

At all times, your suggestion or intention is not necessary in every situation, and it is an unnecessary addition that makes the problem or situation more complex or new.

Keep in mind, that connecting with any situation or problem, if creating a major new problem, is an unnecessary intervention.

This evolution is the root of most of our problems and we need to understand where, and how much, to be involved. We believe that the situation can be handled only with our intervention, but know that it is not so at all. It could have happened without your involvement. Our hard work is in

vain. This unnecessary interference is the cause of our mental fatigue.

Where your intervention and hard work are not necessary, your presence is futile. Unless you are invited to intervene, you stay away from all those situations. Once, just one day, try this, you will know how much you were getting into unnecessary things where you were not needed, and entering into any situation without invitation, without need, reduces your value. Without

invitation, your involvement in anything is harming yourself.

If needed, as much intervention as necessary will increase your value. Your value will be.

Unnecessary intervention is the door to new problems, difficulties, and misery. The deliberate intervention will lead to new thinking, new direction, and solution, which will be settled positive thinking.

This is a new extension of positive thinking that will help us "discover within."



Hetal Gohil
Nayan photo studio owner

HAPPY LIFE

The Unpredictable Journey to Success —— by Mr. Niraj Viraddiya ——

Success often seems like a well-paved road, and it's tempting to believe that if we follow in the footsteps of those who've achieved it, we too can attain greatness. While we can emulate the strategies and work ethics of successful individuals, there are factors beyond our control that play a crucial role in determining our destiny.

One of these uncontrollable factors is luck. Luck can open unexpected doors or present unforeseen challenges. The timing of our endeavors, the situations we encounter, and the people we meet along the way all contribute to our unique journey. Hard work and smart work are undoubtedly important, but they do not guarantee success. The road to success is often riddled with failures, setbacks, and unforeseen obstacles. It's during these challenging moments that our character is tested.

This is where the moral of the story comes into play: never lose hope or get disheartened. The true essence of success lies not just in the destination but in the journey itself. Embrace the uncertainty and unpredictability of your path. Keep trying, adapt to the circumstances, and never give up. Remember that success is not solely defined by the outcome, but also by the resilience, determination, and personal growth that come from the pursuit of your goals.

In conclusion, while we can learn from the experiences of successful individuals, we must

understand that their journey is uniquely theirs. Embrace the unknown, persist in your efforts, and let the unpredictability of life be the spice that makes your journey to success all the more rewarding.



HAPPYPLACE

Embrace the Autumn Adventures



As the leaves turn shades of red, orange, and gold, and the air becomes crisp and invigorating, it's the perfect time to pack your bags and embark on memorable adventures. From the heart of India to far-flung corners of the globe, here are some of the most remarkable places to visit this season classified by different categories of travellers.

Nature and Adventure Enthusiasts

- 1.Kullu-Manali, India: The Himalayan beauty of Kullu-Manali comes alive in autumn. The crisp mountain air, apple orchards, and breathtaking fall foliage make it a paradise for nature lovers. Hike, bike, or simply soak in the serene landscapes.
- **2.Queenstown, New Zealand:** Known as the adventure capital of the world, Queenstown offers bungee jumping, skydiving, jet boating, and more. The stunning landscapes of the South Island provide the perfect backdrop for adrenaline junkies.

Food Fanatics

- **5.Barcelona, Spain:** Explore the culinary delights of Barcelona, including tapas, paella, and Catalan specialties, and dine in world-class restaurants in this vibrant city. The city's food culture is a testament to its rich history.
- **6.Amritsar, Punjab:** Indulge in the scrumptious flavors of Punjabi cuisine and make your way to the magnificent Golden Temple. It's a feast for the senses that you don't want to miss.

Culture and History Lovers

- **3.Rajasthan, India:** Explore the rich heritage of Rajasthan with cities like Jaipur, Udaipur, and Jodhpur. October offers cooler temperatures for sightseeing. Visit palaces, and forts, and experience the warmth of Rajasthani hospitality.
- **4.Kyoto, Japan:** Witness the enchanting fall foliage in Kyoto's temples and gardens. It's a great time to experience traditional Japanese culture. Observe the ancient traditions, explore well-preserved historic sites, and savour the elegance of traditional Japanese culture.

Wildlife and Enthusiasts

- **7.Serengeti National Park, Tanzania:** Witness the great wildebeest migration in the Serengeti and visit Ngorongoro Crater for amazing wildlife viewing.
- **8.Jim Corbett National Park, Uttarakhand:** Embark on a safari to spot tigers, elephants, and other wildlife species.

This autumn, make memories that last a lifetime, wherever your wanderlust takes you.



Autumn Affirmations Guide

Here's a list of affirmations you can affirm in October to welcome change and evolve yourself:



I release what no longer serves me, just as the trees release their leaves.



I am grateful for the cozy moments that autumn brings into my life.



I accept my uniqueness, just as every leaf has its own pattern.



I trust that I am exactly where I need to be in this season of my life.



I am thankful for the abundance that surrounds me in this harvest season.



I embrace the change of seasons with gratitude and joy.

Tune in to the "<u>Design Your Life Affirmations</u>" podcast on Spotify for a daily dose of positivity and inspiration.





Fun activities to enjoy in October

October is a wonderful month with plenty of activities to enjoy.

Here's a list of activities you can try this October:



Camping
Enjoy the cooler weather by camping in the great outdoors.



Costume Party
Plan a costume party or attend
one for Halloween.



Carve Pumpkins

Get creative with your pumpkin
carving designs.



Oktoberfest
Attend an Oktoberfest event to
enjoy German food, beer, and
music.



Nature Photography
Capture the beautiful fall
scenery with your camera.



Read a Thriller
Curl up with a good book or
thriller novel for a cozy evening.





POSITIVE PLACE

Smiling faces behind positive day newspaper



Pinal Vasanwala Patel
Founder and Chief Editor



Harsha chhawchharia



Parth Kotia



Stuti Shah
Content Writer



Jainee Shah SEO Specialist



Subhi Gupta



Jiya Bhati

POSITIVE DAY NEWSPAPER BRINGS YOU THE FELICITY OF READING WHICH WILL TAKE YOU TOWARDS THE JOURNEY OF SERENITY AND POSITIVITY.

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